

# FAST FACTS

Carilion Clinic's long-term commitment is to provide mental health care, research and education to support the health and wellness of our neighbors and beyond through our Department of Psychiatry and Behavioral Medicine. We uphold brain health as an important factor in good health overall. Our team of mental health experts offer exceptional care to patients across the lifespan to help treat a variety of issues so they can live the healthiest lives possible.

## Our Mission

Improve the health of the communities we serve.

## Our Vision

We are committed to a common purpose of better patient care, better community health and lower cost.

## Our Locations

- » Carilion Medical Center (CMC)  
Emergency Department (ED), Roanoke
- » S. Jefferson Street, Roanoke
- » Tanglewood Center, Roanoke
- » Carilion New River Valley (CNRV)  
Medical Center, Christiansburg
- » Child and Adolescent Psychiatry, Botetourt
- » Embedded in (3) Carilion pediatric clinics  
and ION Pain Clinic; Fallon Park Elementary;  
Fralin Free Clinic (Rescue Mission), Bradley  
Free Clinic; Hollins University and Radford  
University Student Mental Health

## Our Values



COLLABORATION



COMMITMENT



COMPASSION



COURAGE



CURIOSITY

## Our Clinicians

**41**  
psychiatrists

**17**  
nurse practitioners and physician  
assistants

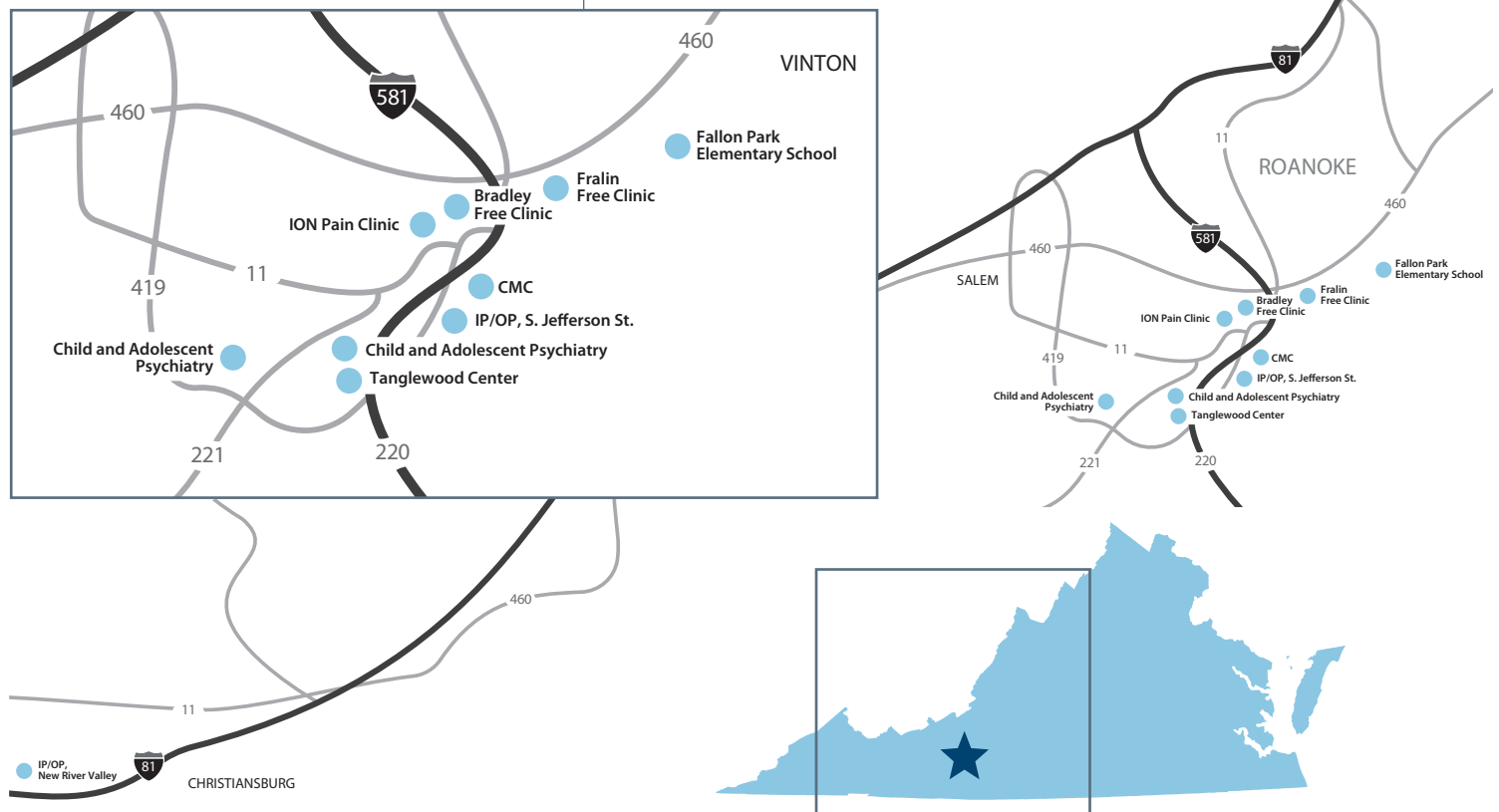
**169**  
nurses and technicians

**2**  
Pharm.D.

**6**  
psychologists

**47**  
licensed clinical social workers and  
licensed professional counselors

**38+**  
residents and fellows



## Services and Programs

### Addiction Services

- » Office-Based Addiction Treatment (OBAT), Pathways, Addiction Task Force

### Adult Inpatient/Outpatient Psychiatry

- » Psychology; Group Therapy
- » START NOW Program
- » Young Adult Services

### Child and Adolescent Inpatient/Outpatient Psychiatry

- » Pediatric Sleep Consult Clinic, Adolescent Eating Disorder Clinic

### Consultation Liaison Program

### Emergency Psychiatry

- » CONNECT, Comprehensive Psychiatry Emergency Program (CPEP), ED Bridge to Treatment, Gaining Access to Psychiatric Care (GAP Clinic)

### Geriatric Psychiatry

- » Center for Healthy Aging

### Research and Development

### Women's Mental Health

- » ED Perinatal Fast Track
- » Maternal Mental Health
- » Perinatal Consult Services
- » Medication Management Expertise

### Center for Grief and Healing

- » Camp Treehouse
- » Individual/group therapy: Teen Soul Survivors, Parental Loss Support

### Interventional Psychiatry

- » Electroconvulsive therapy, transcranial magnetic stimulation, ketamine, vagal nerve stimulation

### Group Support

- » Psychology offers group treatment for depression and trauma related diagnosis
- » More than 10 support groups available through the Center for Grief and Healing
- » Camp Treehouse, a free camp for children ages 6-18 who have lost a loved one, encourages grief expression through art

## Education

- » Faculty instruction at Virginia Tech Carilion School of Medicine and Radford University
- » Residency in psychiatry
- » Fellowships in geriatric and child/adolescent psychiatry

## Utilization *(Average per month)*

### Ambulatory visits:

**4,204** Roanoke **925** New River Valley

### Inpatient daily census:

**43** CMC **23** CNRV

### Inpatient admissions:

**148** CMC **95** CNRV

### Inpatient length of stay:

**8.4** days/adult **6.9** days/child or adolescent

### Licensed beds:

**66** CMC **36** CNRV

### ED Bridge to Treatment:

Total opioid use disorder patients: **735**

### Community Health Worker and Peer Recovery Specialists, all locations:

**2,498** consults

### CPEP consults:

**483** CMC

## Grants and Research

**\$1.9M**  
in grant awards (FY24-25)

**4**  
clinical trials

**12**  
active grants