

FAST FACTS

Carilion Clinic's long-term commitment is to provide mental health care, research and education to support the health and wellness of our neighbors and beyond through our Department of Psychiatry and Behavioral Medicine. We uphold brain health as an important factor in good health overall. Our team of mental health experts offer exceptional care to patients across the lifespan to help treat a variety of issues so they can live the healthiest lives possible.

Our Mission

Improve the health of the communities we serve.

Our Vision

We are committed to a common purpose of better patient care, better community health and lower cost.

Our Locations

- » Carilion Medical Center (CMC)
Emergency Department (ED), Roanoke
- » S. Jefferson Street, Roanoke
- » Tanglewood Center, Roanoke
- » Carilion New River Valley (CNRV)
Medical Center, Christiansburg
- » Child and Adolescent Psychiatry, Botetourt
- » Embedded in (3) Carilion pediatric clinics and ION Pain Clinic; Fallon Park Elementary; Fralin Free Clinic (Rescue Mission), Bradley Free Clinic; Hollins University and Radford University Student Mental Health

Our Values



Our Clinicians

45
psychiatrists

15
nurse practitioners and physician assistants

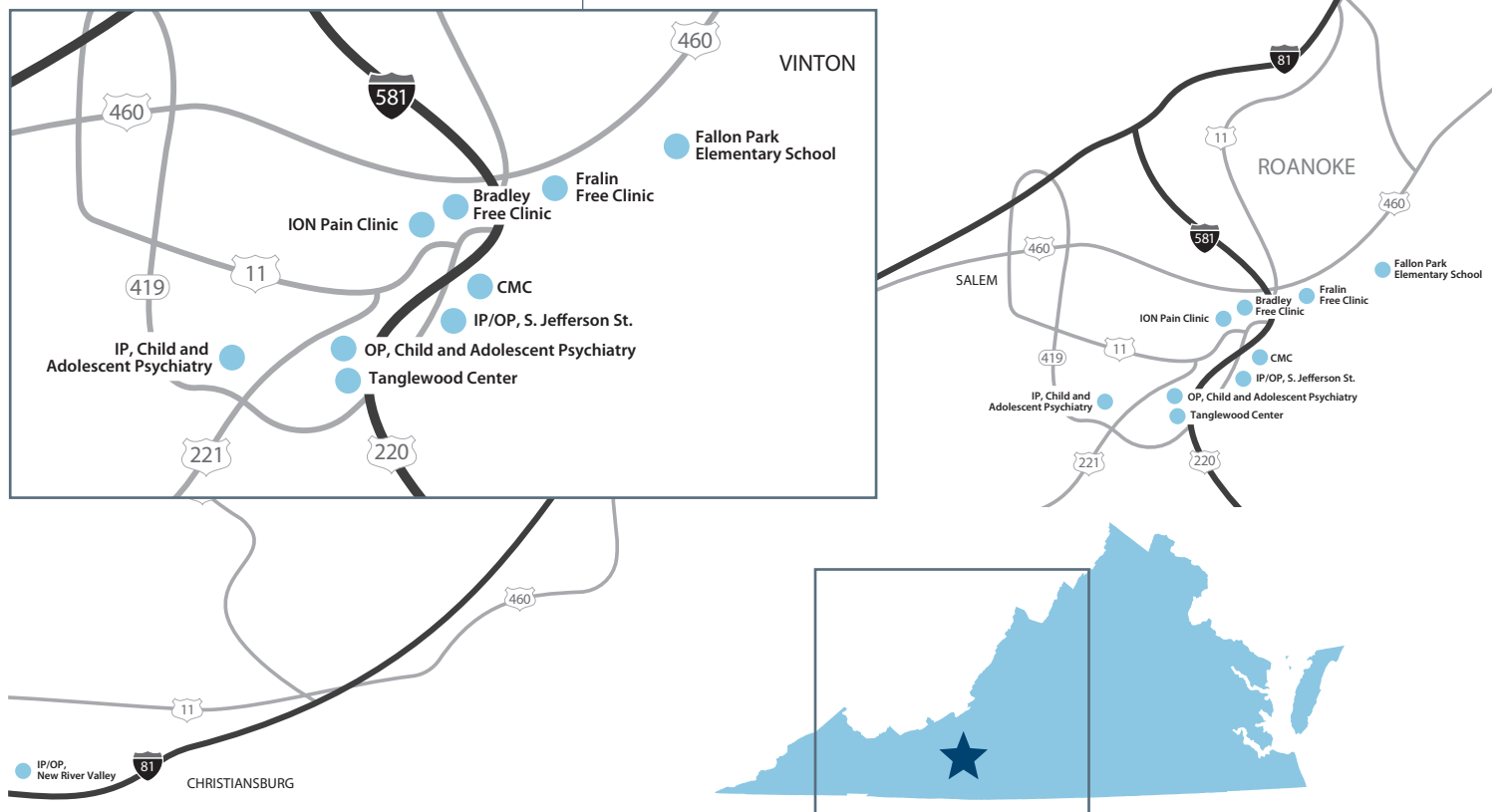
173
nurses and technicians

3
Pharm.D.

5
psychologists

52
licensed clinical social workers and licensed professional counselors

33+
residents and fellows



Services and Programs

Addiction Services

- » Office-Based Addiction Treatment (OBAT), Addiction Task Force, SMART (Stimulant Management and Recovery Treatment) Program, Carilion AWARE (Alcohol Wellness, Assessment, Recovery, and Education) Program

Adult Inpatient/Outpatient Psychiatry

- » Psychology; Group Therapy
- » START NOW Program
- » Young Adult Services

Child and Adolescent Inpatient/Outpatient Psychiatry

- » Pediatric Sleep Consult Clinic, Adolescent Eating Disorder Clinic

Consultation Liaison Program

Emergency Psychiatry

- » ED Bridge to Treatment, Gaining Access to Psychiatric Care (GAP Clinic)

Geriatric Psychiatry

- » Center for Healthy Aging

Research and Development

Women's Mental Health

- » ED Perinatal Fast Track
- » Maternal Mental Health
- » Perinatal Consult Services
- » Medication Management Expertise

Center for Grief and Healing

- » Camp Treehouse
- » Individual/group therapy: Teen Soul Survivors, Parental Loss Support

Interventional Psychiatry

- » Electroconvulsive therapy, transcranial magnetic stimulation, ketamine, vagal nerve stimulation

Group Support

- » Psychology offers group treatment for depression and trauma related diagnosis
- » More than 10 support groups available through the Center for Grief and Healing
- » Camp Treehouse, a free camp for children ages 6-18 who have lost a loved one, encourages grief expression through art

Education

- » Faculty instruction at Virginia Tech Carilion School of Medicine and Radford University
- » Residency in psychiatry
- » Fellowships in addiction medicine, and geriatric and child/adolescent psychiatry

Utilization *(Average per month)*

Ambulatory visits:

4,500 Roanoke **1,100** New River Valley

Inpatient daily census:

42 CMC **27** CNRV

Inpatient admissions:

150 CMC **110** CNRV

Inpatient length of stay:

8 days/adult **7.2** days/child or adolescent

Licensed beds:

66 CMC **36** CNRV

ED Bridge to Treatment:

Total opioid use disorder patients: **676**

Community Health Worker and Peer Recovery Specialists, all locations:

2,498 consults

Emergency Psychiatry Consults:

490 CMC

Grants and Research

\$5.9M
in grant awards

5
clinical trials

6
active grants